



HEALTHY WELLESLEY PRESENTS:
a healthy cooking course for Wellesley seniors

Comfort Foods Made Healthy!

Cold weather makes us crave comfort food. Whether it's a savory meatloaf, mac and cheese, or a bowl of soup, everyone has a special dish that evokes memories. We will cook together to make a healthy version of a comfort food, and then will gather around the table to enjoy our creation.

Cost - **\$58** *Space is limited*



WHEN:

| | |
|---------------------------|-----------------|
| Friday, December 9, 2011 | 12:30 - 3:00 PM |
| Friday, December 16, 2011 | 12:30 - 3:00 PM |
| Friday, January 06, 2012 | 12:30 - 3:00 PM |

WHERE:

Warren Recreation and Health Building
90 Washington Street (Route 16)
Wellesley, MA 02481

To RSVP:

Contact the
Recreation Dept.
781-235-2370 or
on-line:
www.wellesleyma.gov/recreation

Activity number:
443788-01

To learn more about
Healthy Wellesley visit :

www.wellesleyma.gov/health